



# Healthy Aging in Oneida County

Resources and Services for  
Older Adults & Their Caregivers

**Download our app today!**

Search: Oneida County Mental Health, NY



## Oneida County C.A.R.E.S. App

One-stop-shop for all  
resources within  
Oneida County



### Oneida County Office for the Aging & Continuing Care/NY Connects

Provides senior (60+) and disabled individuals with  
a broad spectrum of resources and programs.

**(315) 798-5456**

[oneidacountyny.gov/departments/  
office-for-aging-and-continuing-care/](http://oneidacountyny.gov/departments/office-for-aging-and-continuing-care/)



### Oneida County System of Care

Coordinated network of services and supports  
that are organized to meet the physical, mental,  
social, emotional, education, and developmental  
needs of children and their families.

**(315) 768-3660** | [oneidacountysoc.com](http://oneidacountysoc.com)



### Resource Center for Independent Living (RCIL)/NY Connects

Advocates for the integration and equal access of  
all individuals with disabilities.

**(800) 627-2981** | **Senior programs (315) 797-4642**

[rcil.com](http://rcil.com)



### 2-1-1 Mid-York

Professional telecounselors and comprehensive  
listing of health and human services resources in  
Madison, Oneida, and Herkimer counties.

**Dial 2-1-1** | [211midyork.org](http://211midyork.org)



Information brought to you by **Livable Communities of Oneida County**  
Promoting age-friendly planning and policies in Oneida County, NY  
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