



VOLUNTEERS NEEDED

MAKE A
DIFFERENCE
IN ONEIDA
COUNTY
COMMUNITIES



Opportunities through 50 Forward Mohawk Valley Volunteer Center

- Drivers for non-emergency medical transportation and for transportation to 50 Forward MV centers
- Snow shoveling for older adult neighbors
- In-Home Financial Management program
- AARP Tax-Aide program
- Second Chance Tools used tool store
- New 2 U thrift store
- Instructors for health and wellness programs
- Office and event assistants
- Theater and music group members
- Garden club members
- Volunteers for pop-up community projects
- Volunteer opportunities with our community partners, and more!

BENEFITS

- ✓ Learn New Skills
- ✓ Build Connections
- ✓ Reduce Stress and Loneliness
- ✓ Create Meaningful Change

CALL 315-223-3973



It's not age... it's attitude!

