DRAFT
Resource guide for older adults and people with disabilities





WAY2GO CALL CENTER

(315) 798-8710 (coming soon!) Fridays 8:30 AM - 4 PM

WAY2GO WEBSITE

livableoneidacounty.com/way2go



50 FORWARD MOHAWK VALLEY

220 Memorial Drive, Utica, NY 13501 (315) 223-3973 info@50forwardmv.org

RESOURCE GUIDE

TAKE CHARGE OF YOUR TRANSPORTATION!

Way2Go Herkimer & Oneida County is an educational transportation program of 50 Forward Mohawk Valley created to assist older adults residents and people with disabilities in knowing about transportation options available in your community.

Way2Go is made possible through a grant from NYSDOT and relies on expertise and guidance from the Herkimer-Oneida Counties Transportation Council (HOCTC) Transportation Coordination Committee (TCC).

You can find additional information by contacting our call center or visiting our website!



TRANSPORTATION RESOURCES

There are many organizations that provide transportation information and resources for older adults and people with disabilities:

AAA Foundation for Traffic Safety (202) 638-5944 aaafoundation.org

National Highway Safety Traffic Administration (888) 327-4236

nhsta.dot.gov

AARP (888) 227-7669 aarp.org

National Aging and Disability Transportation Center (866) 983-3222 natdtc.org

Gas Buddy (find the best gas prices!) gasbuddy.com

HERKIMER & ONEIDA COUNTY RESOURCES

Herkimer County Office for the Aging (315) 867-1121
Oneida County Office for the Aging and Continuing Care (315) 798-5456
Resource Center for Independent Living (RCIL) (315) 797-4642



Buses (Fixed Routes)

PUBLIC TRANSIT

CENTRO

The Central New York Regional
Transportation Authority (Centro) is
the public transportation provider in
Oneida County. It provides
transportation connecting Utica,
Rome, New Hartford, Clinton, New
York Mills, and other areas.

BIRNIE BUS SERVICE

Birnie Bus provides public transportation services from Little Falls, Utica, Rome, and Syracuse as well as handicapped services throughout New York State.

CENTRO INFORMATION

185 Leland Avenue, Utica, NY 13502 (315) 442-3333 centro.org

 Seniors (65+), persons with disabilities, and children qualify for reduced fares.

BIRNIE BUS SERVICE INFORMATION

248 Otis Street, Rome, NY 13441 (800) 734-3950

birniebus.com

 Seniors (65+), persons with disabilities, college students, and children qualify for reduced fares.



PARATRANSIT TRANSPORTATION

Call-A-Bus (Centro)

"Call-A-Bus service is available in the same area covered by Centro transit bus routes and extends beyond the area of each bus route by a 3/4 mile radius. Call-A-Bus service is available in Onondaga, Oswego, Cayuga, Cortland, and Oneida counties and serves the cities of Syracuse, Oswego, Fulton, Auburn, Rome, Cortland, and Utica. To qualify for Call-A-Bus service, you must have a disability that prevents you from traveling on Centro transit buses. To apply for Call-A-Bus service, you must complete a Call-A-Bus application. "--centro.org

Call-A-Bus information, cancellations, and after-hours (315) 442-3434

Call-A-Bus reservations and confirmations (315) 442-3420

To complete a **Call-A-Bus application**, apply online, or request an application, call (315) 442-3400 or download a copy at centro.org.

MORE PARATRANSIT OPTIONS

- A&D Transport Services
 Oneida County (607) 386-4774
 Herkimer County (607) 386-4774
- Apex Medical Transport (315) 737-3456
- Arc Herkimer (315) 574-7977
- Birnie Bus Special Needs Transportation (800) 734-3950
- Empire Medical Transportation
- (315) 477-1487
- Herkimer County Senior Transportation Program (315) 867-1121



For emergencies dial 911

MEDICAL TRANSPORTATION

- Medicaid Enrollees: Medical Answering Service MAS (866) 932-7740
 Oneida and Herkimer Counties
- 50 Forward MV Volunteer Non-Emergency Medical Transportation Program (315) 798-8710
- A & D Transport Services, Inc. Oneida County (607) 386-4774 | Herkimer County (607) 386-4774
- ACR Health Medical Transport (315) 475-2430
- Apex Medical Transport Inc. (315) 737-3456
- Capital District Medical Transport Serves Utica area (518) 4233-1600
- Carebridge Transport (315) 463-5148 (formerly Speedy Medical Transport)
- Catholic Charities Oneida/Madison County Transportation Program for Mental Health Services (315) 724-2158 ext. 7007
- Community Transportation Services LTD Old Forge, Inlet, and Raquette Lake (315) 369-2830
- GoGoGrandparent no-cost program of Oneida County Office for the Aging and Continuing Care (315) 798-5456
- Herkimer County Senior Transportation Program (315) 867-1121
- Metro Transportation (315) 471-1111
- Mobile Life Transport Herkimer and Oneida Counties (607) 674-9600
- S & G Medical Transport Herkimer (518) 900-7433
- Transcendent Mobility Non-Emergency Medical Transportation (315) 404-8458
- We Care Medical Transportation (315) 939-2502





VETERANS

- CENTRO Veteran Ride Pass
 Program (315) 442-3333
- CNYVOC (Central New York Veteran's Outreach Center)
 Transportation Services
 (315) 765-0975
- DAV (Disabled American Veterans)
 Medical Transportation
 (315) 425-4352

SENIOR CENTER TRANSPORTATION

50 Forward Mohawk Valley
 Parkway Center Site Member Bus
 Transportation Program
 (315) 223-3973

VOLUNTEERS NEEDED!

Make a difference in your community by driving older adults to their non-emergency medical appointments. Call 50 Forward Mohawk Valley's Volunteer Outreach Coordinators for more information at (315) 223-3973.

MORE TRANSPORTATION OPTIONS

PRIVATE PAY TRANSPORTATION

COMPANION CARE

- Community Wellness Partners Helping Hands Program (315) 853-5515
- Daughter for Hire Mohawk Valley
 Oneida, Herkimer, Madison Counties
 (315) 725-2955
- Herkimer County Senior Transportation
 Program (315) 867-1121
- Noble Companion (888) 315-1940
- Resource Center for Independent Living (RCIL) Many Hearts Companion Care (315) 797-4642
- Seniors Helping Seniors (315) 720-4441

TAXIS

- **Elderide Transport** Whitesboro (315) 794-4975
- Leonards Transportation LLC Canastota (315) 273-8524
- Little Falls Airport Taxi and Limo Service
 Little Falls (315) 526-8411
 (no local service)
- New Hartford Taxi New Hartford (315) 507-2171
- **Upstate Taxi** Utica (315) 790-9797
- **VIP Taxi of New York Inc.** Rome (315) 336-0405

For additional transportation information, tips, and resources

VISIT OUR WEBSITE

livableoneidacounty.com/way2go



